

# NCDA Company Weekly Requirements: 2019/2020

*\*Pointe, Small Group, & Competition Tap & Hip Hop placement will be listed after auditions.*

**\*Please Note:** ALL Petite, Apprentice, Teen, & Senior Students will be in the Production Competition piece. **There will be occasional rehearsals held for this dance on additional days; days TBD.**

## Pee Wee Company

*minimum of 4 weekly hours required; 5 hours is encouraged*

**1 Competition Piece (Jazz)**

**1 hour Jazz**

Mondays, 5-6 PM *(competition piece)*

**2 hours Ballet**

Mondays, 4-5 PM  
Fridays, 4-5 PM

**1 hour Elective** *(2 encouraged)*

### Some Suggested Electives

Tues Tap, 5-6 PM

Thurs Intro Lyrical, 4-5 PM *(must be 1-4 grades)*

Thurs Tap, 5-6 PM

Fri Acro, 3-4 PM

Fri Hip Hop, 3-4 PM

Fri Hip Hop, 6-7 PM

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## Petite Company

*minimum of 6 weekly hours required; 7 hours is encouraged  
2-3 Competition Pieces (Jazz & Production; Tap by invitation only)*

<b>1 hour Leaps/Turns</b>	Thursdays, 5-6 PM
<b>1 hour Jazz</b>	Wednesdays, 4-5 PM <i>(competition piece)</i>
<b>2 hours Ballet</b>	Mondays, 5-6 PM Wednesdays, 5-6 PM

**\*1 hour Competition Tap** *(counts as one Elective)*  
Co Tap 1: Mon, 4-5 PM *(invite-only; competition piece)*

**1 hour Elective** *(2 hours if not in Competition Tap)*

### Some Suggested Electives

Tues Tap, 5-6 PM  
Tues Adv Hip Hop, 6-7 PM *(audition only)*  
Tues Lyrical, 7-8 PM *(grades 4-7)*  
Thurs Tap, 4-5 PM *(highly recommended)*  
**Thurs Pre-Pointe, 6-7 PM** *(invite-only)*  
Fri Acro, 4-5 PM  
Fri Hip Hop, 6-7 PM

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## Apprentice Company

*minimum of 7 weekly hours required; 8 hours is encouraged*

**3-5 Competition Pieces (Jazz, Lyrical, & Production; Tap & Small Group by invitation only)**

**1 hour Leaps/Turns**

Mondays, 5-6 PM

**1 hour Jazz**

Wednesdays, 5-6 PM *(competition piece)*

**1 hour Lyrical**

Wednesdays, 4-5 PM *(competition piece)*

**2 hours Ballet**

Mondays, 6-7 PM

Fridays, 5-6 PM

**\*1 hour Competition Tap** *(Tap is NOT required; counts as an Elective)*

*Co Tap 1: Mon, 4-5 PM (invite-only; competition piece)*

*or Co Tap 2: Mon, 7-8 PM (invite-only; competition piece)*

**\*1 hour Small Group— Contemporary** *(counts as an Elective)*

Thursdays, 7-8 PM *(invite-only; comp. piece)*

**1-2 hours Elective** *(if not in Competition Tap &/or Small Group)*

### Some Suggested Electives

Tues Tap, 5-6 PM

Tues Adv Hip Hop, 6-7 PM *(audition only)*

Thurs Tap, 4-5 PM

Thurs Tap, 5-6 PM

**Thurs Pre-Pointe, 6-7 PM** *(invite-only)*

**Thurs Pointe I, 6-7 PM** *(invite-only)*

Fri Acro/Cond., 6-7 PM

Fri Contemp/Lyrical Improv, 7-8 PM

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## Teen Company

*minimum of 8 weekly hours required; 9 hours is encouraged*

**3-6 Competition Pieces**

*(Jazz, Lyrical, & Production; Tap, Hip Hop, & Small Group by invitation only)*

**1 hour Leaps/Turns**

Mondays, 7-8 PM

**2 hours Ballet**

Mondays, 6-7 PM

Fridays, 6-7 PM

**1 hour Jazz**

Wednesdays, 5-6 PM *(competition piece)*

**1 hour Lyrical**

Wednesdays, 7-8 PM *(competition piece)*

**\*1 hour Competition Hip Hop** *(Hip Hop is NOT required; counts as an Elective)*

*Hip Hop 1: Wed, 6-7 PM (invite-only; comp. piece)*

**\*1 hour Competition Tap** *(Tap is NOT required; counts as an Elective)*

*Co Tap 3: Mon, 8-9 PM (invite-only; competition piece)*

**\*1 hour Small Group— Contemporary** *(counts as an Elective)*

Thursdays, 7-8 PM *(invite-only; competition piece)*

**1-3 hours Elective** *(if not in Competition Tap, Competition Hip Hop, &/or Small Group)*

### Some Suggested Electives

Tues Adv. Hip Hop, 7-8 *(audition only)*

Tues Adv. Lyrical, 8-9 PM *(audition only)*

Thurs Pointe I, 6-7 PM *(invite-only)*

Thurs Pointe II, 8-9 PM *(invite-only)*

Thurs Tap, 6-7 PM

Thurs Tap, 7-8 PM

Fri Acro/Cond., 5-6 PM

Fri Contemp/Lyrical Improv, 7-8 PM

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## Senior Company

minimum of 11 weekly hours required; 12 hours encouraged

**4-6 Competition Pieces**

**(Jazz, Lyrical, Contemporary, & Production; Tap & Hip Hop by invitation only)**

**1 hour Leaps/Turns**

Mondays, 6-7 PM

**1 hour Lyrical**

Sr 1: Wednesdays, 6-7 PM *(competition piece)*

Sr 2: Wednesdays, 8-9 PM *((competition piece)*

**1 hour Contemporary**

Thursdays, 6-7 PM *(competition piece)*

**3 hours Ballet**

Mondays, 7-8 PM

Thursdays, 7-8 PM

Sr 1: Wednesdays, 8-9 PM

Sr 2: Saturdays, 10:30-11:30 AM

**1 hour Jazz**

Sr 2: Mondays, 8-9 PM *(competition piece)*

Sr 1: Saturdays, 10:30-11:30 AM *(competition piece)*

**1 hour Jazz Technique/Conditioning** Saturdays, 11:30 AM-12:30 PM

**1 hour Rehearsal/Combos**

Saturdays, 12:30-1:30 PM

**\*1 hour Competition Hip Hop** *(Hip Hop is NOT required; counts as an Elective)*

Hip Hop 2: Wed, 7-8 PM *(invite-only; comp. piece)*

**\*1 hour Competition Tap** *(Tap is NOT required; counts as an Elective)*

Co Tap 3: Mon, 8-9 PM *(invite-only; competition piece)*

or Co Tap 4: 1 Sat/month, 2-3:30/4 PM *(invite-only; comp. piece)*

**\*1 hour Pointe** *(Pointe is NOT required; counts as an Elective)*

Thursdays (Pointe II), 8-9 PM *(invite-only)*

or Thursdays (Pointe III), 8-9 PM *(invite-only)*

**1-2 hours Elective** *(if not doing competition Hip Hop, competition Tap, &/or Pointe)*

### Some Suggested Electives

Tues Adv. Hip Hop, 7-8 *(audition only)*

Tues Adv. Lyrical, 8-9 PM *(audition only)*

Fri Acro/Conditioning, 5-6 PM

Fri Contemp/Lyrical Improv, 7-8 PM