



# NEW CANAAN DANCE ACADEMY

## LIST OF CLASSES by DISCIPLINE

2022 - 2023

### ACRO

K-2 Grade Acro Beg/Int Friday 5:00-6:00  
2-4 Grade Acro Beg/Int Friday 4:00-5:00  
4-8 Grade Acro Beg/Int Friday 6:00-7:00  
7-9 Grade Acro Open Friday 3:00-4:00  
Acro ADV Friday 7:00-8:00 \*\* Faculty Approval Required

### BALLET

K-2 Grade Ballet Beg/Int Tuesday 4:00-5:00  
K-2 Grade Ballet Beg/Int Wednesday 5:00-6:00  
K-2 Grade Ballet Beg/Int Thursday 4:00-5:00  
K-2 Grade Ballet Beg/Int Saturday 12:45-1:45  
2-4 Grade Ballet Beg/Int Wednesday 4:00-5:00  
3-5 Grade Ballet Beg/Int Tuesday 5:00-6:00  
4-7 Grade Ballet Int/Adv Thursday 5:00-6:00  
5-8 Grade Ballet Beg/Int Tuesday 6:00-7:00  
6-12 Grade Ballet Beg/Int Tuesday 7:00-8:00  
6-12 Grade Ballet Beg/Int Thursday 7:00-8:00  
6-12 Grade Ballet ADV Tuesday 8:00-9:00 \*\* Faculty Approval Required  
Pre-Pointe Thursday 7:00-8:00 \*\* Faculty Approval Required  
Pointe I Saturday 10:00-11:00 am \*\* Faculty Approval Required  
Pointe II Thursday 8:00-9:00 \*\* Faculty Approval Required

### MOM & ME CREATIVE MOVEMENT

2-3 yrs old CM (Mom & Me): Thursday 2:15-2:45

### PRE-BALLET / CREATIVE MOVEMENT

3-4 yrs old CM: Monday 3:15-4:00  
3-4 yrs old CM: Tuesday 11:00-11:45  
3-4 yrs old CM: Tuesday 3:15-4:00  
3-4 yrs old CM: Wednesday 3:15-4:00  
3-4 yrs old CM: Thursday 3:15-4:00  
3-4 yrs old CM: Friday 11:00-11:45  
3-4 yrs old CM: Saturday 10:15-11:00  
3-4 yrs old CM: Saturday 11:15-12:00  
4-5 yrs old CM: Monday 3:15-4:00  
4-5 yrs old CM: Tuesday 3:15-4:00  
4-5 yrs old CM: Thursday 3:15-4:00



## **COMBINATION**

K-1 Grade Jazz/Tap Beg/Int Monday 4:00-5:00  
1-2 Grade Jazz/Tap Beg/Int Thursday 4:00-5:00  
3-6 Grade Pre-Company Prep: Tap/Jazz Friday 7:00-8:00 \*\* By Invitation Only  
5-8 Grade Pre-Company Prep: Tap/Jazz Friday 6:00-7:00 \*\* By Invitation Only  
6-9 Grade Contemporary/Lyrical Beg/Int Wednesday 6:00-7:00  
6-12 Grade Contemporary/Lyrical Beg/Int Thursday 8:00-9:00  
6-12 Grade Jazz/Musical Theatre Int Tuesday 8:00-9:00  
9-12 Grade Contemporary/Lyrical Beg/Int Wednesday 8:00-9:00

## **HIP-HOP**

K-2 Grade Hip Hop Beg/Int Tuesday 5:00-6:00  
K-2 Grade Hip Hop Beg/Int Friday 4:00-5:00  
2-4 Grade Hip Hop Beg/Int Friday 5:00-6:00  
3-6 Grade Hip Hop Beg/Int Friday 6:00-7:00  
5-8 Grade Hip Hop ADV Friday 7:00-8:00 \*\* By Audition Only (August 27th, 2022)  
6-12 Grade Hip Hop Beg/Int Wednesday 8:00-9:00  
7-12 Grade Hip Hop ADV Monday 7:00-8:00 \*\* By Audition Only (August 27th, 2022)  
Junior CO Hip Hop Wednesday 6:00-7:00 \*\* By Invitation Only  
Senior CO Hip Hop Wednesday 6:00-7:00 \*\* By Invitation Only

## **JAZZ**

K-2 Grade Jazz Beg/Int Monday 4:00-5:00  
2-4 Grade Jazz Beg/Int Wednesday 5:00-6:00  
3-6 Grade Jazz Beg/Int Tuesday 4:00-5:00  
4-7 Grade Jazz Beg/Int Monday 7:00-8:00  
4-7 Grade Jazz Int/Adv Wednesday 7:00-8:00  
5-8 Grade Jazz Int Tuesday 7:00-8:00  
6-12 Grade Jazz Int/Adv Wednesday 7:00-8:00  
6-12 Grade Jazz/Musical Theatre Int Tuesday 8:00-9:00  
7-12 Grade Jazz ADV Monday 8:00-9:00 \*\* By Audition Only (August 27th, 2022)

## **LYRICAL**

3-6 Grade Lyrical Beg/Int Thursday 6:00-7:00  
6-9 Grade Lyrical Int Wednesday 8:00-9:00  
6-12 Grade Lyrical Beg/Int Monday 7:00-8:00  
6-12 Grade Lyrical Int Tuesday 6:00-7:00  
6-12 Grade Lyrical ADV Thursday 7:00-8:00 \*\* By Audition Only (August 27th, 2022)

## **TAP**

2-5 Grade Tap Int Thursday 5:00-6:00  
3-6 Grade Tap Beg/Int Monday 5:00-6:00  
5-8 Grade Tap Beg/Int Thursday 6:00-7:00  
7-12 Grade Tap Beg/Int Monday 3:00-4:00  
6-12 Grade Tap Int/Adv Monday 8:00-9:00  
7-9 Grade Tap Beg Tuesday 3:00-4:00  
Academy Tap ADV Monday 6:00-7:00 \*\* By Audition Only (August 27th, 2022)  
Company CO Tap I (Mini & Petite CO) Monday 4:00-5:00 \*\* By Invitation Only  
Company CO Tap II Monday 6:00-7:00 \*\* By Invitation Only  
Company CO Tap III Monday 7:00-8:00 \*\* By Invitation Only  
Company CO Tap IV Monday 8:00-9:00 \*\* By Invitation Only



**SPECIAL NEEDS**

Ballet/Jazz Saturday 12:00-12:30

**ADULT**

*Ballet*

Adult Ballet Open Monday 1:30-2:30 (*no Recital*)

*Hip Hop*

Adult Hip Hop Open Wednesday 1:30-2:30

*Tap*

Adult Tap Adv Monday 2:30-3:30

Adult Tap Adv Thursday 8:00-9:00



# NCDA COMPANYY

## **COMPANY CLASSES** (*Audition Required to be Company Member*)

### **Pre-Company Prep**

Pre-Company Prep: Tap/Jazz 3-6 grade Friday 7:00-8:00 \*\* By Invitation Only

Pre-Company Prep: Tap/Jazz 5-8 grade Friday 6:00-7:00 \*\* By Invitation Only

### **Mini Company**

Mini CO Ballet Tuesday 4:00-5:00

Mini CO Ballet Friday 4:00-5:00

Mini CO Jazz Monday 5:00-6:00

Mini CO Stretch & Strength Tuesday 5:00-6:00 (*Optional*)

### **Petite Company**

Petite CO Ballet Tuesday 6:30-7:30

Petite CO Ballet Wednesday 6:00-7:00

Petite CO Jazz Monday 5:00-6:00

Petite CO Leaps/Turns Wednesday 4:00-5:00

Petite CO Lyrical Wednesday 5:00-6:00

Petite CO Stretch & Strength Tuesday 5:00-6:00

### **Junior Company I**

Junior CO I Ballet Tuesday 5:00-6:30

Junior CO I Ballet Thursday 5:00-6:30

Junior CO I Ballet Friday 6:00-7:00

Junior CO I Contemporary Thursday 4:00-5:00

Junior CO I Hip Hop Wednesday 6:00-7:00

Junior CO I Jazz Wednesday 4:00-5:00

Junior CO I Leaps/Turns Monday 4:00-5:00

Junior CO I Lyrical Monday 5:00-6:00

Junior CO I Stretch & Strength Tuesday 4:00-5:00

### **Junior Company II**

Junior CO II Ballet Tuesday 5:00-6:30

Junior CO II Ballet Thursday 6:30-8:00

Junior CO II Ballet Friday 5:00-6:00

Junior CO II Contemporary Thursday 8:00-9:00

Junior CO II Hip Hop Wednesday 6:00-7:00

Junior CO II Jazz Wednesday 4:00-5:00

Junior CO II Leaps/Turns Wednesday 5:00-6:00

Junior CO II Lyrical Tuesday 7:00-8:00

Junior CO II Stretch & Strength Tuesday 4:00-5:00



## **COMPANY CLASSES** *(Audition Required to be Company Member)*

### **Ensemble Company**

Ensemble Company Ballet/Jazz 3-6 grade Friday 5:00-6:00 **\*\* By Invitation Only**

Ensemble Company Ballet 7-12 grade Monday 6:00-7:00 **\*\* By Invitation Only**

Ensemble Company Jazz/Technique 7-12 grade Monday 8:00-9:00 **\*\* By Invitation Only**

### **Senior Company I**

Senior CO I Ballet Tuesday 7:30-9:00

Senior CO I Ballet Thursday 3:30-5:00

Senior CO I Ballet Saturday 11:00-12:30

Senior CO I Contemporary Thursday 5:00-7:00

Senior CO I Hip Hop Wednesday 6:00-7:00

Senior CO I Jazz Saturday 12:30-1:30

Senior CO I Leaps/Turns Wednesday 5:00-6:00

Senior CO I Lyrical Wednesday 7:00-8:00

Senior CO I Stretch & Strength Monday 6:00-7:00

### **Senior Company II**

Senior CO II Ballet Tuesday 7:30-9:00

Senior CO II Ballet Saturday 12:30-2:00

Senior CO II Ballet Thursday 3:30-5:00

Senior CO II Contemporary Thursday 5:00-7:00

Senior CO II Hip Hop Wednesday 6:00-7:00

Senior CO II Jazz Saturday 11:30-12:30

Senior CO II Leaps/Turns Wednesday 7:00-8:00

Senior CO II Lyrical Wednesday 8:00-9:00

Senior CO II Stretch & Strength Monday 6:00-7:00

### **Elite Company**

Elite CO A: Ballet Friday 7:00-8:00

Elite CO A: Rehearsal Tuesday 8:00-9:00

Elite CO A: Rehearsal Saturday 10:00-11:00

Elite CO B: Ballet Friday 7:00-8:00

Elite CO B: Rehearsal Tuesday 8:00-9:00

Elite CO B: Rehearsal Saturday 2:30-3:30

Elite CO C: Ballet Friday 4:00-5:00

Elite CO C: Rehearsal Tuesday 6:00-7:00

Elite CO C: Rehearsal Saturday 1:30-2:30

Elite CO D: Ballet Friday 4:00-5:00

Elite CO D: Rehearsal Tuesday 6:00-7:00

Elite CO D: Rehearsal Saturday 3:00-4:00

Elite CO E: Ballet Friday 4:00-5:00

Elite CO E: Rehearsal Tuesday 6:00-7:00

Elite CO E: Rehearsal Saturday 2:00-3:00