



NEW CANAAN DANCE ACADEMY

LIST OF CLASSES by DISCIPLINE

2025 - 2026

BALLET

K-2 Grade Ballet Beg/Int Monday 4:00-5:00

K-2 Grade Ballet Beg/Int Tuesday 4:00-5:00

K-2 Grade Ballet Beg/Int Wednesday 4:00-5:00

K-2 Grade Ballet Beg/Int Thursday 4:00-5:00

K-2 Grade Ballet Beg/Int Saturday 10:00-11:00

2-4 Grade Ballet Beg/Int Monday 4:00-5:00 (GROVE STREET)

2-4 Grade Ballet Beg/Int Tuesday 5:00-6:00

2-4 Grade Ballet **Pre-Company Prep** Beg/Int Thursday 5:00-6:00 ** Faculty Approval Required

3-6 Grade Ballet **Pre-Company Prep** Friday 5:00-6:00 ** Faculty Approval Required

4-7 Grade Ballet Beg/Int Saturday 12:00-1:00

5-8 Grade Ballet Beg/Int Monday 6:00-7:00

6-12 Grade Ballet Beg/Int Monday 7:00-8:00

6-12 Grade Ballet Beg/Int Wednesday 8:00-9:00

6-12 Grade Ballet Int/Adv Thursday 8:00-9:00

Pre-Pointe Thursday 6:00-7:00 ** Faculty Approval Required

Pointe Beg Wednesday 7:30-8:00 ** Faculty Approval Required

Pointe Int Wednesday 7:30-8:00 ** Faculty Approval Required

Pointe Int/Adv Friday 4:00-5:00 ** Faculty Approval Required

Pointe ADV Saturday 3:00-4:00 ** Faculty Approval Required

PRE-BALLET / CREATIVE MOVEMENT

18 mos-36 mos old Creative Movement: Mom & Me Thursday 2:30-3:10

3-4 yrs old Pre-Ballet: Monday 3:15-4:00

3-4 yrs old Pre-Ballet: Tuesday 3:15-4:00

3-4 yrs old Pre-Ballet: Wednesday 3:15-4:00

3-4 yrs old Pre-Ballet: Thursday 3:15-4:00

3-4 yrs old Pre-Ballet: Friday 11:00-11:45

3-4 yrs old Pre-Ballet: Saturday 10:15-11:00

3-4 yrs old Pre-Ballet: Saturday 11:15-12:00

4-5 yrs old Pre-Ballet: Monday 3:15-4:00

4-5 yrs old Pre-Ballet: Tuesday 3:15-4:00

4-5 yrs old Pre-Ballet: Wednesday 3:15-4:00

4-5 yrs old Pre-Ballet: Thursday 3:15-4:00

COMBINATION

K-2 Grade Jazz/Tap Beg/Int Monday 5:00-6:00

K-2 Grade Jazz/Tap Beg/Int Wednesday 4:00-5:00 (GROVE STREET)

K-2 Grade Jazz/Tap Beg/Int Saturday 11:00-12:00

6-12 Grade Contemporary/Lyrical Beg/Int Wednesday 8:00-9:00

6-12 Grade Contemporary/Lyrical Int/Adv Monday 8:00-9:00

6-12 Grade Jazz/Musical Theatre Beg/Int Tuesday 8:00-9:00



HIP-HOP

K-2 Grade Hip Hop Beg/Int Monday 4:00-5:00
K-2 Grade Hip Hop Beg/Int Tuesday 4:00-5:00 (GROVE STREET)
K-2 Grade Hip Hop Beg/Int Friday 4:00-5:00
2-4 Grade Hip Hop Beg/Int Monday 5:00-6:00
2-4 Grade Hip Hop Beg/Int Friday 5:00-6:00
2-5 Grade Hip Hop Beg/Int Monday 3:15-4:00
2-5 Grade Hip Hop Beg/Int Tuesday 5:00-7:00 (GROVE STREET)
2-5 Grade Hip Hop Int Thursday 4:00-5:00 (GROVE STREET)
3-6 Grade Hip Hop Beg/Int Wednesday 6:00-7:00 (GROVE STREET)
4-7 Grade Hip Hop ADV Thursday 5:00-6:00 (GROVE STREET) ** By Audition Only
6-12 Grade Hip Hop Beg/Int Thursday 6:00-7:00 (GROVE STREET)
8-12 Grade Hip Hop ADV Thursday 7:00-8:00 (GROVE STREET) ** By Audition Only

JAZZ

K-2 Grade Jazz Beg/Int Tuesday 4:00-5:00
K-2 Grade Jazz Beg/Int Friday 4:00-5:00
2-4 Grade Jazz Beg/Int Monday 5:00-6:00 (GROVE STREET)
2-4 Grade Jazz Beg/Int Tuesday 5:00-6:00
2-4 Grade Jazz Beg/Int Thursday 6:00-7:00
3-6 Grade Jazz Pre-Company Prep Tuesday 7:00-8:00 ** Faculty Approval Required
4-7 Grade Jazz Beg/Int Saturday 1:00-2:00
4-7 Grade Jazz Int Wednesday 7:00-8:00
5-8 Grade Jazz Beg/Int Tuesday 6:00-7:00
5-8 Grade Jazz Beg/Int Thursday 7:00-8:00
5-8 Grade Jazz Pre-Company Prep Wednesday 6:00-7:00 ** Faculty Approval Required
7-12 Grade Jazz ADV Tuesday 8:00-9:00 ** By Audition Only

LYRICAL

3-6 Grade Lyrical Beg/Int Thursday 7:00-8:00
3-6 Grade Lyrical Beg/Int Friday 7:00-8:00
3-6 Grade Lyrical Beg/Int Saturday 3:00-4:00
6-9 Grade Lyrical Int Monday 6:00-7:00
6-9 Grade Lyrical Int Tuesday 6:00-7:00
6-12 Grade Lyrical Beg/Int Thursday 8:00-9:00

TAP

2-4 Grade Tap Beg/Int Wednesday 4:00-5:00
2-5 Grade Tap Beg/Int Friday 6:00-7:00
3-5 Grade Tap Beg/Int Wednesday 5:00-6:00
5-8 Grade Tap Beg/Int Tuesday 7:00-8:00
5-8 Grade Tap Beg/Int Saturday 2:00-3:00
6-8 Grade Tap Int/Adv Friday 6:00-7:00
7-12 Grade Tap Int/Adv Monday 7:00-8:00
Academy Tap ADV Wednesday 7:00-8:00 ** By Invitation Only (GROVE STREET)



SPECIAL NEEDS

Ballet/Jazz Saturday 12:00-12:30

ADULT

Ballet

Adult Ballet Open Thursday 1:30-2:30 (*no Recital*)

Tap

Adult Tap Int/Adv Tuesday 1:30-2:30

Adult Tap Int/Adv Monday 8:00-9:00



NCDACOMPANY

COMPANY CLASSES (*Audition Required to be Company Member*)

Pre-Company Prep

- 2-4 Grade Ballet Pre-Company Prep Thursday 5:00-6:00 ** Faculty Approval Required
- 3-6 Grade Ballet Pre-Company Prep Friday 5:00-6:00 ** Faculty Approval Required
- 3-6 Grade Jazz Pre-Company Prep Tuesday 7:00-8:00 ** Faculty Approval Required
- 5-8 Grade Jazz Pre-Company Prep Wednesday 6:00-7:00 ** Faculty Approval Required

Junior Ensemble

- Junior Ensemble Stretch & Strength Wednesday 7:00-7:30 (Optional)
- Junior Ensemble Ballet Friday 6:00-7:00
- Junior Ensemble Jazz Friday 7:00-8:00

Teen Ensemble

- Teen Ensemble Ballet Friday 7:00-8:00
- Teen Ensemble Jazz Tuesday 7:00-8:00 (GROVE STREET)
- Teen Ensemble Leaps & Turns Tuesday 6:00-7:00 (GROVE STREET)
- Teen Ensemble Lyrical Monday 6:00-7:00 (GROVE STREET)
- Teen Ensemble Stretch & Strength Friday 3:00-4:00 (Optional)

Senior Ensemble

- Senior Ensemble Ballet Tuesday 8:00-9:00
- Senior Ensemble Jazz Wednesday 8:00-9:00
- Senior Ensemble Leaps & Turns Tuesday 6:00-7:00 (GROVE STREET)
- Senior Ensemble Lyrical Monday 7:00-8:00 (GROVE STREET)
- Senior Ensemble Stretch & Strength Friday 3:00-4:00 (Optional)

Pee Wee Company

- Pee Wee CO Ballet Friday 4:00-5:00
- Pee Wee CO Jazz Friday 5:00-6:00

Mini Company

- Mini CO Ballet Thursday 4:00-5:00
- Mini CO Ballet Friday 5:00-6:00
- Mini CO Jazz Friday 6:00-7:00
- Mini CO Lyrical Thursday 5:00-6:00
- Mini CO Conditioning Friday 7:00-8:00

Junior Company

- Junior CO Ballet ORANGE Monday 4:00-5:30
- Junior CO Ballet ORANGE Wednesday 4:00-5:30
- Junior CO Ballet ORANGE Saturday 10:00-11:00
- Junior CO Ballet PINK Monday 4:00-5:30
- Junior CO Ballet PINK Wednesday 5:00-6:30
- Junior CO Ballet PINK Saturday 11:00-12:00
- Junior CO Conditioning ORANGE Wednesday 5:30-6:00
- Junior CO Conditioning PINK Wednesday 6:30-7:00
- Junior CO Contemporary ORANGE Thursday 4:00-5:00
- Junior CO Contemporary PINK Thursday 5:00-6:00
- Junior CO Hip Hop Monday 6:00-7:00
- Junior CO Jazz PINK Tuesday 5:00-6:00
- Junior CO Jazz ORANGE Tuesday 4:00-5:00



Junior CO Jazz PINK Saturday 10:00-11:00
Junior CO Jazz ORANGE Saturday 11:00-12:00
Junior CO Leaps/Turns ORANGE Monday 5:30-6:00
Junior CO Leaps/Turns PINK Monday 5:30-6:00
Junior CO Lyrical ORANGE Monday 7:00-8:00
Junior CO Lyrical PINK Thursday 4:00-5:00

Teen Company

Teen CO Ballet Wednesday 6:00-7:30
Teen CO Ballet Thursday 7:30-9:00
Teen CO Ballet Saturday 1:30-3:00
Teen CO Conditioning (OPTIONAL) Tuesday 6:00-7:00
Teen CO Contemporary Thursday 6:00-7:30
Teen CO Hip Hop Monday 7:00-8:00
Teen CO Jazz Wednesday 4:00-5:00
Teen CO Jazz Saturday 12:00-1:00
Teen CO Leaps/Turns Monday 6:00-7:00
Teen CO Lyrical Wednesday 5:00-6:00

Senior Company

Senior CO Ballet Wednesday 6:00-7:30
Senior CO Ballet Thursday 6:00-7:30
Senior CO Ballet Saturday 12:00-1:30
Senior CO Conditioning (OPTIONAL) Tuesday 6:00-7:00
Senior CO Contemporary Thursday 7:30-9:00
Senior CO Hip Hop Monday 7:00-8:00
Senior CO Jazz Tuesday 7:00-8:00
Senior CO Jazz Saturday 2:00-3:00
Senior CO Leaps/Turns Thursday 5:00-6:00
Senior CO Lyrical Wednesday 8:00-9:00

Company Tap

Company CO Tap I CO Wednesday 5:00-6:00 ** By Invitation Only (GROVE STREET)
Company CO Tap II Tuesday 4:00-5:00 ** By Invitation Only
Company CO Tap III Tuesday 5:00-6:00 ** By Invitation Only
Company CO Tap IV Tuesday 6:00-7:00 ** By Invitation Only
Company CO Tap V Tuesday 7:00-8:00 ** By Invitation Only
Company CO Tap VI Tuesday 8:00-9:00 ** By Invitation Only

YAGP

Company YAGP Friday 3:30-4:00 ** By Invitation Only

Invitational Company

Invitational REH (Maggie piece) Monday 8:00-8:30
Invitational REH (Maddie O Sr HH piece) Monday 8:30-9:00
Invitational REH (Sheena SR piece) Wednesday 7:30-8:00
Invitational REH (Clinton piece) Thursday 3:30-4:00
Invitational REH (Sheena PINK/ORANGE/TEEN) Saturday 9:30-10:00 am
Invitational REH (Sheena JR piece) Saturday 1:00-1:30
Invitational REH (Mallory piece) Saturday 1:30-2:00
Invitational REH (Karsen piece) Saturday 4:00-4:30
Invitational REH (Kristen piece) Saturday 4:30-5:00