



NEW CANAAN DANCE ACADEMY

LIST OF CLASSES by DISCIPLINE

2024 - 2025

BALLET

K-1 Grade Ballet Beg/Int Tuesday 4:00-5:00
K-2 Grade Ballet Beg/Int Monday 4:00-5:00
K-2 Grade Ballet Beg/Int Monday 4:00-5:00 (GROVE STREET)
K-2 Grade Ballet Beg/Int Thursday 4:00-5:00
K-2 Grade Ballet Beg/Int Thursday 4:00-5:00 (GROVE STREET)
K-2 Grade Ballet Beg/Int Saturday 10:00-11:00
1-2 Grade Ballet Beg/Int Wednesday 5:00-6:00 (GROVE STREET)
1-2 Grade Ballet Beg/Int Thursday 4:00-5:00
2-4 Grade Ballet Beg/Int Monday 5:00-6:00
2-4 Grade Ballet Beg/Int Wednesday 6:00-7:00
3-5 Grade Ballet Int/Adv Thursday 5:00-6:00
3-5 Grade Ballet Int/Adv Friday 5:00-6:00
3-6 Grade Ballet Pre-Company Prep Friday 6:00-7:00
4-7 Grade Ballet Beg/Int Saturday 3:00-4:00
5-8 Grade Ballet Beg/Int Thursday 7:00-8:00 (GROVE STREET)
6-12 Grade Ballet Beg/Int Monday 8:00-9:00
6-12 Grade Ballet Beg/Int Thursday 7:00-8:00
6-12 Grade Ballet ADV Thursday 7:00-8:00 **** Faculty Approval Required**
Pre-Pointe Saturday 1:30-2:00 **** Faculty Approval Required**
Pointe I Saturday 1:30-2:00 **** Faculty Approval Required**
Pointe ADV Saturday 11:30-12:00 **** Faculty Approval Required**
Pointe Teen CO Thursday 6:15-6:45 **** Faculty Approval Required**
Pointe Senior CO Tuesday 7:00-7:30 **** Faculty Approval Required**

PRE-BALLET / CREATIVE MOVEMENT

18 mos-3 yrs old Creative Movement: Mom & Me Friday 2:30-3:10
3-4 yrs old Pre-Ballet: Monday 3:15-4:00
3-4 yrs old Pre-Ballet: Tuesday 3:15-4:00
3-4 yrs old Pre-Ballet: Wednesday 3:15-4:00
3-4 yrs old Pre-Ballet: Thursday 3:15-4:00
3-4 yrs old Pre-Ballet: Friday 11:00-11:45
3-4 yrs old Pre-Ballet: Saturday 10:15-11:00
3-4 yrs old Pre-Ballet: Saturday 11:15-12:00
4-5 yrs old Pre-Ballet: Monday 3:15-4:00
4-5 yrs old Pre-Ballet: Tuesday 3:15-4:00
4-5 yrs old Pre-Ballet: Thursday 3:15-4:00
4-5 yrs old Pre-Ballet: Friday 3:15-4:00



COMBINATION

- K-2 Grade Jazz/Tap Beg/Int Monday 4:00-5:00
- 1-2 Grade Jazz/Tap Beg/Int Friday 4:00-5:00
- 6-12 Grade Contemporary/Lyrical Beg/Int Tuesday 8:00-9:00
- 7-12 Grade Contemporary/Lyrical Int/Adv Thursday 8:00-9:00
- 8-12 Grade Contemporary/Lyrical ADV Thursday 8:00-9:00 **** Faculty Approval Required**
- 6-12 Grade Jazz/Musical Theatre Beg/Int Tuesday 7:00-8:00

HIP-HOP

- K-2 Grade Hip Hop Beg/Int Wednesday 4:00-5:00 (GROVE STREET)
- K-2 Grade Hip Hop Beg/Int Thursday 5:00-6:00 (GROVE STREET)
- K-2 Grade Hip Hop Beg/Int Friday 4:00-5:00
- 2-4 Grade Hip Hop Beg/Int Monday 6:00-7:00
- 2-4 Grade Hip Hop Beg/Int Wednesday 6:00-7:00
- 2-4 Grade Hip Hop Beg/Int Friday 5:00-6:00
- 2-5 Grade Hip Hop Int/Adv Tuesday 4:00-5:00 (GROVE STREET)
- 3-6 Grade Hip Hop Beg/Int Friday 6:00-7:00
- 3-6 Grade Hip Hop Beg/Int Friday 7:00-8:00
- 5-7 Grade Hip Hop ADV Tuesday 5:00-6:00 (GROVE STREET) **** By Audition Only**
- 6-12 Grade Hip Hop Beg/Int Tuesday 6:00-7:00 (GROVE STREET)
- 8-12 Grade Hip Hop ADV Tuesday 7:00-8:00 (GROVE STREET) **** By Audition Only**

JAZZ

- K-2 Grade Jazz Beg/Int Tuesday 4:00-5:00
- K-2 Grade Jazz Beg/Int Saturday 11:00 am-12:00 pm
- 1-2 Grade Jazz Beg/Int Friday 5:00-6:00
- 2-4 Grade Jazz Pre-Company Prep Wednesday 4:00-5:00 **** Faculty Approval Required**
- 2-4 Grade Jazz Beg/Int Wednesday 5:00-6:00
- 2-4 Grade Jazz Beg/Int Thursday 6:00-7:00
- 3-6 Grade Jazz Beg/Int Monday 6:00-7:00
- 3-6 Grade Jazz Pre-Company Prep Wednesday 4:00-5:00 **** Faculty Approval Required**
- 4-7 Grade Jazz Beg/Int Saturday 12:00-1:00
- 4-7 Grade Jazz Int/Adv Wednesday 7:00-8:00 (GROVE STREET)
- 5-8 Grade Jazz Beg/Int Tuesday 7:00-8:00
- 5-8 Grade Jazz Pre-Company Prep Wednesday 7:00-8:00 **** Faculty Approval Required**
- 7-12 Grade Jazz ADV Tuesday 8:00-9:00 **** Faculty Approval Required**

LYRICAL

- 3-6 Grade Lyrical Beg/Int Monday 7:00-8:00
- 3-6 Grade Lyrical Beg/Int Friday 7:00-8:00
- 6-9 Grade Lyrical Int Wednesday 6:00-7:00
- 6-9 Grade Lyrical Int Thursday 6:00-7:00
- 6-12 Grade Lyrical Beg/Int Monday 5:00-6:00 (GROVE STREET)

TAP

- 2-5 Grade Tap Int Tuesday 5:00-6:00
- 3-6 Grade Tap Beg/Int Friday 6:00-7:00
- 5-8 Grade Tap Beg/Int Friday 7:00-8:00
- 5-8 Grade Tap Beg/Int Saturday 2:00-3:00
- 7-9 Grade Tap Beg/Int Tuesday 6:00-7:00
- 6-12 Grade Tap Int/Adv Monday 5:00-6:00
- 7-12 Grade Tap Beg/Int Monday 7:00-8:00
- Academy Tap ADV Monday 8:00-9:00 **** By Invitation Only**



SPECIAL NEEDS

Ballet/Jazz Saturday 12:00-12:30

ADULT

Ballet

Adult Ballet Open Thursday 1:30-2:30 (*no Recital*)

Tap

Adult Tap Int/Adv Monday 2:30-3:30

Adult Tap Int/Adv Wednesday 8:00-9:00



NCDACOMPANY

COMPANY CLASSES (*Audition Required to be Company Member*)

Pre-Company Prep

- 3-6 Grade Ballet Pre-Company Prep Friday 6:00-7:00 ** Faculty Approval Required
- 2-4 Grade Jazz Pre-Company Prep Wednesday 4:00-5:00 ** Faculty Approval Required
- 3-6 Grade Jazz Pre-Company Prep Wednesday 4:00-5:00 ** Faculty Approval Required
- 5-8 Grade Jazz Pre-Company Prep Wednesday 7:00-8:00 ** Faculty Approval Required

Junior Ensemble Company

- Junior Ensemble CO Ballet Friday 6:00-7:00
- Junior Ensemble CO Jazz Friday 7:00-8:00

Senior Ensemble Company

- Senior Ensemble CO Ballet Monday 6:00-7:00
- Senior Ensemble CO Jazz Thursday 8:00-9:00
- Senior Ensemble CO Leaps & Turns Wednesday 8:00-9:00
- Senior Ensemble CO Lyrical Monday 7:00-8:00
- Senior Ensemble CO Stretch & Strength Wednesday 7:00-8:00

Pee Wee Company

- Pee Wee CO Ballet Friday 4:00-5:00
- Pee Wee CO Jazz Friday 5:00-6:00

Mini Company

- Mini CO Ballet Wednesday 5:00-6:00
- Mini CO Ballet Friday 4:00-5:00
- Mini CO Conditioning Tuesday 5:00-6:00
- Mini CO Jazz Monday 5:00-6:00
- Mini CO Jazz REH Saturday 9:00-9:45
- Mini CO Lyrical Tuesday 4:00-5:00

Junior Company

- Junior CO Ballet ORANGE Tuesday 5:00-6:00
- Junior CO Ballet ORANGE Thursday 6:00-7:00
- Junior CO Ballet PINK Tuesday 6:00-7:00
- Junior CO Ballet PINK Thursday 5:00-6:00
- Junior CO Ballet Saturday 12:00-1:30
- Junior CO Conditioning PINK Wednesday 4:00-5:00
- Junior CO Contemporary ORANGE Thursday 4:00-5:00
- Junior CO Contemporary Technique PINK Thursday 4:00-5:00
- Junior CO Hip Hop Monday 4:00-5:00
- Junior CO Jazz PINK Monday 6:00-7:00
- Junior CO Jazz ORANGE Wednesday 5:00-6:00
- Junior CO Jazz PINK Saturday 10:00-11:00
- Junior CO Jazz ORANGE Saturday 11:00-12:00
- Junior CO Leaps/Turns ORANGE Wednesday 4:00-5:00
- Junior CO Leaps/Turns PINK Wednesday 5:00-6:00
- Junior CO Lyrical ORANGE Tuesday 4:00-5:00
- Junior CO Lyrical PINK I Tuesday 4:00-5:00
- Junior CO Lyrical PINK II Tuesday 4:00-5:00



COMPANY CLASSES (*Audition Required to be Company Member*)

Teen Company

Teen CO Ballet Tuesday 7:30-9:00
Teen CO Ballet Thursday 5:00-6:15
Teen CO Ballet Saturday 10:00-11:30
Teen CO Ballet Pointe Thursday 6:15-6:45
Teen CO ORANGE Conditioning (OPTIONAL) Monday 7:00-8:00
Teen CO ORANGE Conditioning (OPTIONAL) Monday 8:00-9:00
Teen CO Contemporary Thursday 7:00-8:30
Teen CO Hip Hop Wednesday 8:00-9:00
Teen CO Jazz Wednesday 7:00-8:00
Teen CO Jazz Saturday 12:15-1:00
Teen CO Leaps/Turns Wednesday 6:00-7:00
Teen CO Lyrical Tuesday 6:00-7:15

Senior Company

Senior CO Ballet Tuesday 5:45-7:00
Senior CO Ballet Thursday 6:45-8:00
Senior CO Ballet Saturday 10:00-11:30
Senior CO Conditioning (OPTIONAL) Monday 7:00-8:00
Senior CO Conditioning (OPTIONAL) Monday 8:00-9:00
Senior CO Contemporary Thursday 5:00-6:30
Senior CO Hip Hop Wednesday 8:00-9:00
Senior CO Jazz Wednesday 6:00-7:00
Senior CO Jazz Saturday 1:00-1:45
Senior CO Leaps/Turns Wednesday 7:00-8:00
Senior CO Lyrical Tuesday 7:30-8:45
Senior CO Pointe Tuesday 7:00-7:30

Company Tap

Company CO Tap I Mini CO Monday 4:00-5:00 **** By Invitation Only**
Company CO Tap II Junior CO PINK/ORANGE Monday 5:00-6:00 **** By Invitation Only**
Company CO Tap III Junior CO ORANGE/Teen CO Monday 6:00-7:00 **** By Invitation Only**
Company CO Tap IV Teen CO/Senior CO Monday 7:00-8:00 **** By Invitation Only**
Company CO Tap V Monday 8:00-9:00 **** By Invitation Only**

Invitational Company

Invitational REH (Mallory piece) Tuesday 5:00-5:45
Invitational REH Teen & Senior CO (Sheena piece) Tuesday 8:45-9:15
Invitational REH Teen & Senior CO (Clinton piece) Thursday 8:30-9:15
Invitational REH (McKenna piece) Saturday 1:45-2:30
Invitational REH (Chloe piece) Saturday 2:30-3:15
Invitational REH (Sheena piece) Saturday 3:15-4:00